

**AN INNOVATIVE SOLUTION FOR STUDENTS, SCHOOLS,
AND COMMUNITIES FOR IMPROVING MENTAL HEALTH
THROUGH AWARENESS, DISCOVERY AND ACTION.**

STATISTICS TELL AN IMPORTANT STORY ABOUT OUR YOUTH...

30% reported feeling sad or hopeless

20% reported being bullied on school property

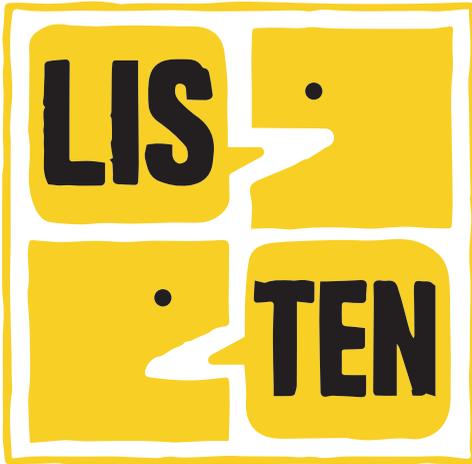
18% seriously considered suicide

19% reported having carried a weapon onto campus

Centers for Disease Control and Prevention, 2015 (9th to 12th grades) Youth Risk Behavior Survey

More than **150,000** students attending at least **170** primary or secondary schools have experienced a shooting on campus since the Columbine High School massacre in 1999.

Washington Post, February, 2018



**WE BELIEVE BY WORKING TOGETHER, WE CAN CREATE A DIFFERENT
STORY FOR THE FUTURE OF OUR YOUTH.**

WHAT IS LISTEN?

Listen is an innovative film and curriculum that provides educators, families and communities new strategies and tools for creating deep-seeded and sustainable change through the power of:

- **Hollywood-style film and storytelling**
- **Experiential Social and Emotional Learning (SEL)**
- **Personal and group action and advocacy**
- **A shared commitment to a safe and healthy campus culture and student success**

HELPING YOU ACHIEVE YOUR GOALS.

Listen helps you achieve your goals for reducing bullying, addressing mental health issues, improving school climate and culture, boosting student engagement, confidence and resiliency and expanding students' skills that support their own and others' wellness and safety.

SPECIFIC FOCUS AREAS INCLUDE:

- **Emotional and mental well-being**
- **Personal acceptance**
- **Performance pressure**
- **Constructive relationships, respect and inclusion**
- **Personal, peer and community advocacy**

**IF YOU SEE LISTEN, IT WILL CHANGE YOUR LIFE. IF YOU TELL
EVERYONE YOU KNOW TO SEE IT, IT WILL CHANGE THE WORLD.**

Dr. Mark Goulston, Psychiatrist/Author Just Listen

WHAT'S INCLUDED:

CURRICULUM:

- Twelve, creative, real-world, lessons that engage and inspire student action
- 12 to 60 hours of flexible, hands-on activities can be used over several weeks or months
- Listen film clips create common ground for richer discussion and active learning
- Social and Emotional Learning concepts and methods are featured throughout
- Developed by Every Monday Matters, a leading innovator in Social and Emotional curriculum and programs, currently serving over 1 million students nationwide

LISTEN, THE FILM:

- A moving, full-length film that connects students, faculty, parents, and/or community members
- Film characters and stories provide the foundation for powerful discovery and dialog
- Licensing options for classroom, school and community screenings or film purchase
- Directed by the nationally recognized Teen Truth Director, Erahm Christopher

SUPPORT SERVICES:

- Stakeholders' goal-setting and implementation planning sessions
- Community screenings that build awareness and a case for action
- Educator and parent workshops
- Third-party program evaluation

**10TH GRADE
STUDENT**

"BY WATCHING THIS FILM WE ARE MADE TO UNDERSTAND THE CRITICAL REASONS THAT WE SHOULD PAY ATTENTION AND REACH OUT WHEN WE SEE THAT SOMEONE IS IN THAT DARK PLACE AND NEEDING HELP. I KNOW THAT LISTEN WILL SAVE LIVES!"

**9TH GRADE
STUDENT**

"THE CLASS ACTIVITIES HELP ME GIVE BETTER ADVICE TO FRIENDS WHO COME TO ME WITH THEIR PROBLEMS, AND HELP ME OPEN UP TO THE IMPORTANT PEOPLE IN MY LIFE."

**LISTEN CAMPUS
PROJECT LEADER
TEACHER**

"THE LISTEN CURRICULUM HAS BEEN A POSITIVE ADDITION TO OUR EFFORT TO BETTER SERVE ALL THE NEEDS OF OUR STUDENTS."



Listen film trailer: <https://youtu.be/T1MW6zQ4oxU>
Website: www.listenthemovie.com
Email us for a free introduction and preview: listen@everymondymatters.org