



WEEK 3



No materials required.

Prep Time: 0 mins.



As this is the third Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at www.everymondaymatters.org. Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

WEEKLY KICK-OFF

- 1) **SHARE THIS WEEK'S THEME WITH STUDENTS: "SOCIALIZE GOODNESS"**
- 2) **ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS EXPLORE THE WEEK'S FOCUS:**

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What does it mean to "SOCIALIZE"?**
 - Answer: To participate in social activities or hang out with others
- **What is social media?**
 - Answer: Websites and applications that allow users to create and share content, or to participate in social networking
- **How do you "SOCIALIZE" using social media?**
- **How do you "SOCIALIZE" with social media compared with how you "SOCIALIZE" in-person?**
- **What do you think it means to "SOCIALIZE GOODNESS"?**
 - Answer: To use social media to spread good, joy, and acceptance
- **What is the opposite of "SOCIALIZING GOODNESS"?**
- **What are some specific examples of the negative side of social media?**
- **What are some ways you can "SOCIALIZE GOODNESS" using social media?**
- **Why is it important to intentionally and proactively choose to "SOCIALIZE GOODNESS"?**
- **How can "SOCIALIZING GOODNESS" help you "CONNECT" with others in meaningful ways?**
- **How might making "SOCIALIZING GOODNESS" the primary goal of your social media interactions help you "CONNECT" to how much YOU MATTER?**
- **If you "SOCIALIZE GOODNESS" on social media, how could that help others "CONNECT" with how much they MATTER?**

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- If we all “SOCIALIZED GOODNESS” more often, do you think we could make the world a better and more accepting place?

3) READ THE WEEKLY INTRODUCTION ALOUD OR ASK A STUDENT TO DO SO:

Social media is everywhere. Whether it’s Twitter, Instagram, or Facebook, chances are that you’ve been on one of them in the past 20 minutes. We can do a lot of things on social media, like scrolling mindlessly, getting into arguments we wouldn’t otherwise, and connecting with others. This week, we want to focus on that last bit—the good part of social media—and SOCIALIZE GOODNESS. That’s right, this week we’re examining how we can use social media for good. We’ll look at how each of us use social media, how we talk on it with others, and how we can do better at building everyone up. We’ll remember that life isn’t about all the likes and followers, and that popularity contests like that are never worth much in the long run. We’ll challenge ourselves to use social media to be our authentic selves, and spread positivity and connect meaningfully instead of spreading negativity or hate. This week, we’ll head to the apps and do it in the name of goodness. Socializing goodness matters.

4) REVIEW HOW THIS WEEK SUPPORTS THE MONTH’S THEME OF “MONDAY GETS CONNECTED”:

• Explain:

- Most, if not all, of us use social media
- Social media gets a bad reputation, and sometimes that’s called for
- But, social media can also be used for “GOOD” when we “SOCIAL GOODNESS” and “CONNECT” to what makes us and others feel loved, appreciated, valued, and included
- Viewing social media as a tool to “GET CONNECTED” and to promote love, acceptance, appreciation, and confidence—instead of a tool only for self-promotion—can help bring the “SOCIAL” and “GOOD” aspects back into social media
- And, focusing on how you can use social media to make others feel “GOOD” will actually make you feel “GOOD,” too, and can help us feel purposeful, influential, and empowered as we remember we can make an impact for “GOOD”
- This week, we will learn how to “GET CONNECTED” to “SOCIALIZE GOODNESS” for ourselves and others

• Ask:

- Do you think “GETTING CONNECTED” to what others want and need can help you “SOCIALIZE GOODNESS” more effectively?
- What are some ways you can do this?
- How will making a plan to “SOCIALIZE GOODNESS” help you “CONNECT” more with others?
- How can “GETTING CONNECTED” and “SOCIALIZING GOODNESS” help all of us remember how much WE MATTER?
- How might your life change by actively “SOCIALIZING GOODNESS” to “GET CONNECTED” more often?

5) PRESENT THE WEEKLY GOALS:

- Discover how we can use social media as a tool to build a sense of belonging, confidence, and joy for ourselves and others
- Identify ways to foster “CONNECTION” and community on social media
- Instead of self-promotion, practice using social media to promote worthy causes and meaningful, real-life “CONNECTION”
- Understand how “SOCIALIZE GOODNESS” is an important part of this month’s theme, “MONDAY GETS CONNECTED”

“WHEN I DARE TO BE POWERFUL - TO USE MY STRENGTH IN THE SERVICE OF MY VISION, THEN IT BECOMES LESS AND LESS IMPORTANT WHETHER I AM AFRAID.”

- AUDRE LORDE