



WEEK 3



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “SOCIALIZE GOODNESS” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Discover how we can use social media as a tool to build a sense of belonging, confidence, and joy for ourselves and others
- Identify ways to foster “CONNECTION” and community on social media
- Instead of self-promotion, practice using social media to promote worthy causes and meaningful, real-life “CONNECTION”
- Understand how “SOCIALIZE GOODNESS” is an important part of this month’s theme, “MONDAY GETS CONNECTED”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals.*

- What was it like to “SOCIALIZE GOODNESS” this week?
- In what ways did you specifically “SOCIALIZE GOODNESS” this week?
- How has “SOCIALIZING GOODNESS” helped you to make new and lasting “CONNECTIONS” with those around you?
- What did you like best about “SOCIALIZE GOODNESS” week and why?
- What strategies have you learned to make “SOCIALIZING GOODNESS” a part of your life?
- How has your view of social media changed after focusing on how you can use social media to “SOCIALIZE GOODNESS” and “GET CONNECTED”?

- **Did you help anyone else “SOCIALIZE GOODNESS” and “GET CONNECTED”?**
 - How so?
- **What did you include in your “Social Media Action Plan” to “SOCIALIZE GOODNESS” (the I MATTER activity)?**
 - How did your action plan help people feel more “CONNECTED,” valued, and loved?
- **Did you enjoy making a viral Instagram post that “CONNECTS” people to a charitable cause (the YOU MATTER activity)?**
 - What charitable cause did you choose and why?
 - How did your post get people involved and let them know that they can make an impact?
- **How did you create a call to “CONNECT” people through social media (the WE MATTER activity)?**
 - Will you follow through on this call to “CONNECT”?
- **Why is it important to set an intention to “CONNECT” and build others up through social media?**
- **What are some of the challenges you or others might face when trying to use social media to “SOCIALIZE GOODNESS” every day?**
- **How can you commit to “SOCIALIZING GOODNESS” even when it may seem difficult to overcome insecurity, anxiety, jealousy, loneliness, or boredom?**
- **Are you inspired to “SOCIALIZE GOODNESS” and “GET CONNECTED” on a daily basis?**
 - How can you commit to this in your daily choices and actions?
- **Are you inspired to help other people “SOCIALIZE GOODNESS” and “GET CONNECTED”?**
 - How will you commit to doing this?
- **How will you change your social media habits going forward?**
- **How will “SOCIALIZING GOODNESS” help you remember that YOU MATTER?**
 - How will it show others that they MATTER, too?
- **How might our relationships and the whole world change if we all committed to “SOCIALIZING GOODNESS” as a way to “GET CONNECTED” more often?**

4) THANK STUDENTS FOR RE-“CONNECTING” TO THE SOCIAL PURPOSE OF SOCIAL MEDIA AND FOR USING SOCIAL MEDIA TO “SOCIALIZE GOODNESS” THIS WEEK, AND TO “CONNECT” WITH OTHERS IN MEANINGFUL WAYS.

5) CHALLENGE STUDENTS TO USE THIS WEEK AS INSPIRATION TO CHANGE HOW THEY INTERACT WITH SOCIAL MEDIA. INSTEAD OF SELF-PROMOTION, CHALLENGE STUDENTS TO BE UNFORGETTABLE BY PROMOTING OTHERS. ENCOURAGE STUDENTS TO USE SOCIAL MEDIA TO MAKE OTHERS FEEL LOVED, TO PROMOTE WORTHY CAUSES, AND TO FOSTER COMMUNITY BY BRINGING PEOPLE TOGETHER ON- AND OFF-LINE. CHECK IN WITH STUDENTS TO SEE HOW THEIR SOCIAL MEDIA HABITS HAVE CHANGED AS THEY “SOCIALIZE GOODNESS” AND “GET CONNECTED” IN AUTHENTIC AND MEANINGFUL WAYS.

**“STRIVE NOT TO BE A SUCCESS,
BUT RATHER TO BE OF VALUE.”**

- ALBERT EINSTEIN