



No materials required.

Prep Time: 0 mins.



As this is the third Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at www.everymondaymatters.org. Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

WEEKLY KICK-OFF

1) SHARE THIS WEEK'S THEME WITH STUDENTS: "RIGHT A WRONG"

2) ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS EXPLORE THE WEEK'S FOCUS:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What do you think it means to "RIGHT A WRONG"?**
 - Answer: To correct or make up for a mistake, hurt, or "WRONG" that we've done
- **Are there things in your school that are "RIGHT" or "WRONG" to do?**
 - Like what?
 - How about at your home?
 - What kinds of things in your community are "RIGHT" or "WRONG" to do?
- **Why do you think it is important for a society to have some things that are defined as "RIGHT" or "WRONG"?**
 - What kinds of things could happen if there was no consequence for doing something "WRONG" or "RIGHT"?
- **Have you ever made a "WRONG" or poor decision that you later corrected?**
 - What was that experience like for you?
 - Did it help your life? In what ways?
- **How does making a "WRONG" choice affect you?**
 - How can it affect other people?
- **How can we be gentle with ourselves when we make mistakes?**
- **Why do you think it MATTERS to "RIGHT A WRONG"?**

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- What kinds of things can you do today to “RIGHT A WRONG”?
 - What do you think the world would be like if everyone chose to admit and correct their mistakes?
 - What kinds of problems can we avoid by “RIGHTING WRONGS”?
 - How can we show others they MATTER through forgiveness and “UNDERSTANDING”?

3) READ THE WEEKLY INTRODUCTION ALOUD OR ASK A STUDENT TO DO SO:

It happens all the time: We hurt someone, offend them, or bother them in some way. No one is perfect, and it's almost guaranteed that someone has hurt us, offended us, or bothered us in some way, too. When this happens though, it's a perfect opportunity to remember that we truly do make an impact on other people, whether it's good or bad, right or wrong. This week, we're challenging you to admit that you're not perfect and RIGHT A WRONG. We'll learn about how we impact others through our words and actions, and how we can take ownership for when we've hurt someone else or a relationship. We'll practice saying those two powerful words—"I'm sorry"—and go one step further to make things right in our relationships. Because relationships matter, and so does understanding them and understanding how we can make them strong and good. As we practice righting our wrongs, we'll contribute to a larger culture of compassion, understanding, empathy, and care. We'll realize how that culture affects not just us, but others in our community and world. Righting our wrongs matters.

4) REVIEW HOW THIS WEEK SUPPORTS THE MONTH'S THEME OF “MONDAY GETS UNDERSTANDING”:

• **Explain:**

- Because we are human, we are naturally going to make mistakes
- Our mistakes are reminders of ways we can improve and grow in our lives
- Some mistakes are small, like missing a question on a homework page or forgetting to do something at home
- Sometimes, though, we make poor choices that can negatively affect ourselves and those around us
- There are a million examples of “WRONG” choices we might make, but the point is that we, and others, are more than just those “WRONG” choices
- We can use our strength of character to “RIGHT” the “WRONGS” in our lives
- For example, we could start a conversation with someone we spoke unkindly to or about and apologize
- Or we could keep a promise we broke to someone
- “RIGHTING A WRONG” is really about “UNDERSTANDING” our mistakes and areas we can grow, correcting them the best we can, and moving forward in love and compassion
- It's giving the benefit of the doubt to people whenever we can
- It's also about remembering we all make mistakes, and being “UNDERSTANDING” when others do, too

• **Ask:**

- Can you give an example of a time when you or someone else “RIGHTED A WRONG”?

5) PRESENT THE WEEKLY GOALS:

- Discover what it means to own and admit mistakes in healthy ways, and put those skills into action
- Identify what forgiveness and respect are all about through interactive role-playing
- Visualize the effects that one person's actions, both positive and negative, can have on society
- Understand how “RIGHT A WRONG” is an important part of this month's theme, “MONDAY GETS UNDERSTANDING”

**“IT'S NOT HOW WE MAKE MISTAKES,
BUT HOW WE CORRECT THEM THAT
DEFINES US.”**
- RACHEL WOLCHIN