



WEEK 1

15
MIN



MONDAY
GETS
ENGAGED



THIS WEEK: KNOW THE NEED



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “KNOW THE NEED” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Discover underlying “NEEDS” within our local infrastructure—such as schools, neighborhoods, and communities—through curiosity, openness, and active listening
- Identify how labeling and stereotypes create barriers to serving others, and find ways to challenge those stereotypes
- Prepare to serve our school and community by recognizing and prioritizing “NEEDS” of others
- Understand how “KNOW THE NEED” is an important part of this month’s theme, “MONDAY GETS ENGAGED”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals.*

- What did you like best about “KNOW THE NEED” week and why?
- What new things have you learned about “KNOWING THE NEED” this week?
- What “NEEDS” were you able to identify within yourself this week?
 - What “NEEDS” did you discover about your community and neighbors?
 - Were you able to identify any global “NEEDS”?
- Why is it important to “KNOW THE NEEDS” of others and the world around you?
- How does “KNOWING THE NEEDS” of others lead to action?
- Did you enjoy creating your “School Suggestion Box” (the I MATTER activity)?
 - Where did you put the box?

-
- Are you excited to learn from the answers you get?
 - **What was it like to learn about the “NEEDS” of your friends and classmates by simply asking them (the YOU MATTER activity)?**
 - Was it difficult to share your own “NEEDS” with others?
 - What did you learn about how to “KNOW THE NEED” of others in the future?
 - **What did you discover about your community’s “NEEDS” by looking through newspapers and other news sources (the WE MATTER activity)?**
 - Did you learn anything or get inspired with new ways to keep up with your local community “NEEDS” through this activity?
 - **How has this week helped you understand yourself better?**
 - **Why do we need to avoid labeling or stereotyping others while trying to identify their “NEEDS”?**
 - **What have you learned about common “NEEDS” and individual “NEEDS” this week?**
 - Why is it important to remember that everyone has unique “NEEDS”?
 - **What discussion or activity helped you to recognize how much YOU MATTER?**
 - **How will you use what you learned this week to “KNOW THE NEEDS” in future situations?**
 - **Did you find out any “NEEDS” that were different from what you expected or thought?**
 - In what ways were they different?
 - What were some thoughts or feelings you had when that happened?
 - **In what ways did you “GET ENGAGED” with your community and classmates this week?**
 - **How does “KNOWING THE NEEDS” of those around you show you that YOU MATTER?**
 - How does it show others that they MATTER, and so does the community that you all live in?
 - **What other ideas do you have for “GETTING ENGAGED” with your community or the world?**

4) THANK STUDENTS FOR LOOKING PAST ASSUMPTIONS TO TRULY “KNOW THE NEEDS” OF OTHERS THIS WEEK. REMIND THEM THAT REAL CHANGE HAPPENS WHEN WE BEGIN TO UNDERSTAND PEOPLE, CARE ABOUT THEM, AND GET TO “KNOW THEIR NEEDS”.

5) CHALLENGE STUDENTS TO BE APPROPRIATELY CURIOUS ABOUT HOW THEY CAN HELP MEET THEIR OWN “NEEDS” AND THE “NEEDS” OF OTHERS. ENCOURAGE THEM TO ASK SINCERE QUESTIONS TO THOSE AROUND THEM AND TO WATCH FOR NON-VERBAL CUES TO IDENTIFY “NEEDS”.

**“EVERYBODY NEEDS LOVE.
EVERYONE DESERVES IT.”**

- REESE WITHERSPOON