



WEEK 2



MONDAY
GETS
HONORABLE

THIS WEEK: SHOW RESPECT



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “SHOW RESPECT” week is over, let's see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Identify how it looks, sounds, and feels to give and receive “RESPECT”
- Practice fostering and “SHOWING RESPECT,” even when it is challenging to do
- Discover how “SHOWING RESPECT” can enhance our own sense of connection, community, and joy
- Understand how “SHOWING RESPECT” is an important part of this month's theme, “MONDAY GETS HONORABLE”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals.*

- What did you like best about “SHOWING RESPECT” this week and why?
- What did you learn about “SHOWING RESPECT” this week?
- What are some ways that you “SHOWED RESPECT” to others this week?
 - Was acting this way a big change from how you were living before?
- What strategies have you learned to make “SHOWING RESPECT” a part of your daily and moment-to-moment life?
- What are some reasons to “SHOW RESPECT”?
- Did you enjoy creating a board game all about the road to “RESPECT” (the I MATTER activity)?
 - What are some road blocks you included on your game?
 - What are some new ways you learned to overcome challenges to “SHOWING RESPECT” to others?

-
- **Was it fun to play “Rich in Respect” and brainstorm ways to live a life that is full of “RESPECT” (the YOU MATTER activity)?**
 - How will you use what you learned to “SHOW RESPECT” going forward?
 - **What was it like to write a song or rap based on Aretha Franklin’s song, “R.E.S.P.E.C.T.” (the WE MATTER activity)?**
 - Did writing your song or rap help you discover even more how to “SHOW RESPECT” to others?
 - **What are some reasons to “SHOW RESPECT” to others?**
 - **What are some of the challenges you or others might face when trying to embrace differences and “SHOW RESPECT” every day?**
 - How will you overcome these challenges?
 - **Will you commit to embracing differences and “SHOWING RESPECT” going forward, even when it may seem difficult to overcome feelings of judgment, superiority, or “DISRESPECT”?**
 - **After this week, are you inspired to “SHOW RESPECT” and “GET HONORABLE” on a daily basis?**
 - How will you commit to this in your daily choices and actions?
 - **What did you learn about how “SHOWING RESPECT” and “GETTING HONORABLE” are related?**
 - **Do you think you helped anyone else “SHOW RESPECT” and “GET HONORABLE” this week?**
 - **How did you remember that YOU MATTER this week?**
 - **How did you show others that they MATTER?**
 - **What would the world be like if we all remembered that WE MATTER and “SHOWED RESPECT” more often?**
 - How might the world be a more “HONORABLE” and kinder place to live?

4) THANK STUDENTS FOR GETTING THOUGHTFUL ABOUT WHAT IT MEANS TO EMBRACE DIFFERENCES AND “SHOW RESPECT” THIS WEEK, AND FOR COMMITTING TO “SHOW RESPECT” ON A DAILY BASIS GOING FORWARD.

5) CHALLENGE STUDENTS TO “SHOW RESPECT” TO OTHERS IN THE SAME WAYS THEY HOPE TO BE “SHOWN RESPECT,” AND TO BRING “RESPECT” TO EVERYTHING, EVERYONE, AND EVERYWHERE THEY GO.

“ WE LIVE IN A DIVERSE SOCIETY – IN FACT, A DIVERSE WORLD – AND WE MUST LEARN TO LIVE IN PEACE AND WITH RESPECT FOR EACH OTHER.”

- STAN LEE