



WEEK 3



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

## WEEKLY REFLECTION

### 1) SHARE:

- Now that “BE CIVIL-MINDED” week is over, let’s see how we did on our weekly goals

### 2) RE-SHARE THE WEEKLY GOALS:

- Identify different elements of decency and “CIVILITY,” and their practical applications
- Make and implement a plan to practice daily habits of courtesy
- Discover how integrity contributes to being a leader in the community and in other aspects of life
- Understand how “BE CIVIL-MINDED” is an important part of this month’s theme, “MONDAY GETS HONORABLE”

### 3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

**\*NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals.*

- What did you like best about “BEING CIVIL-MINDED” this week and why?
- What did you learn about “BEING CIVIL-MINDED” this week?
- How have you put “BEING CIVIL” into action this week?
- What characteristics do you think it takes to be a “CIVIL-MINDED” individual?
  - Which of those characteristics do you think you possess most strongly?
  - Can you think of an attribute you could improve in order to be more “CIVIL”?
- What are some reasons to “BE CIVIL-MINDED” in your own life?
  - How does it benefit you?
  - How does it benefit others around you and the whole world?
- What did you discover about leadership from being mayor for a day (the I MATTER activity)?
  - What did you learn about being an “HONORABLE” and “CIVIL” leader?

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- **What are some actions you included in your “One Week of Honor” book that you made (the YOU MATTER activity)?**
    - Which of these actions have you followed through on?
    - How were these actions “CIVIL” toward others and showing them that they MATTER?
  - **What did you learn about “CIVILITY” from George Washington’s “Rules for Civility and Decency” (the WE MATTER activity)?**
    - How can rules actually help us be more “CIVIL” to each other?
    - How can they help us make a more “CIVIL” society and world?
  - **What are some challenges you might face as you commit to “BEING CIVIL-MINDED”?**
    - How will you overcome these challenges?
    - Why is overcoming them worth it?
  - **How does honesty play a part in being “CIVIL-MINDED”?**
  - **Who is someone you personally know who is “HONORABLE” and “CIVIL”?**
    - What have you learned from them?
    - How can you reach out to that person in gratitude?
  - **What is one takeaway lesson you’ve learned as a result of this week’s activities and discussions?**
  - **If you found yourself not “BEING CIVIL” with someone, what steps could you take to change that behavior?**
  - **How does “BEING CIVIL-MINDED” connect us as a human race?**
  - **What is one thing you wish you could share with the world about “BEING CIVIL-MINDED”?**
  - **How will your new “CIVILITY” impact others?**
    - Or, how do you hope it will impact others?
  - **In what ways were you truly “HONORABLE” this week by “BEING CIVIL-MINDED”?**
  - **How can you practice having more “HONORABLE” thoughts toward yourself and others?**
  - **What from this week helped you really know that YOU MATTER?**
  - **How did you show others that they MATTER this week?**
  - **What would the world be like if we all remembered that WE and our actions MATTER, and were “CIVIL-MINDED” and “HONORABLE” more often?**
- 4) THANK STUDENTS FOR WORKING AT BECOMING EVEN MORE “CIVIL-MINDED” THIS WEEK. REMIND THEM THAT “BEING CIVIL-MINDED” IS A SERIES OF DAILY THOUGHTS, WORDS, AND ACTIONS. REMIND THEM THAT THOSE ACTIONS ADD UP OVER TIME AND MAKE US MORE “HONORABLE” PEOPLE.**
- 5) CHALLENGE STUDENTS TO PAY ATTENTION TO THE THOUGHTS AND WORDS THEY USE WITH THEMSELVES AND OTHERS, AND TO KEEP THOSE THOUGHTS AND WORDS AS “CIVIL” AS POSSIBLE. ENCOURAGE THEM TO REFRAIN FROM NEGATIVITY WITH OTHERS, AND TO PROMOTE THE POSITIVE.**

**“ASPIRE TO DECENCY. PRACTICE CIVILITY TOWARD ONE ANOTHER. ADMIRE AND EMULATE ETHICAL BEHAVIOR WHEREVER YOU FIND IT.”**

**- TED KOPPEL**