



Students make books with ideas for “BEING CIVIL-MINDED” for each day of the upcoming week.



Copy paper, cut into quarters (2 full pages cut up making 8 small sheets for each student); Staplers (one per 6-8 students); Pencils or pens; Coloring materials (Markers, crayons, and/or colored pencils).

Total Prep Time: 5 mins.



As this is the third Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at www.everymondaymatters.org. Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

4 C's	SOCIAL & EMOTIONAL LEARNING	SERVICE LEARNING
• Critical thinking	• Self-awareness	• Integrated learning
• Communication	• Self-management	• High quality service
• Collaboration	• Social-awareness	• Collaboration
• Creativity	• Relationship skills	• Student voice
	• Responsible decision-making	• Civic responsibility
		• Reflection
		• Evaluation

GOALS FOR THE WEEK

- Identify different elements of decency and “CIVILITY,” and their practical applications
- Make and implement a plan to practice daily habits of courtesy
- Discover how integrity contributes to being a leader in the community and in other aspects of life
- Understand how “BE CIVIL-MINDED” is an important part of this month’s theme, “MONDAY GETS HONORABLE”



STUDENT ACTIVITY: **“ONE WEEK OF HONOR”**

1) SHARE THE NAME OF THIS ACTIVITY WITH STUDENTS: “ONE WEEK OF HONOR”

2) ASK 1-3 QUESTIONS FROM THE LIST BELOW TO WARM STUDENTS UP ON THE ACTIVITY’S FOCUS:

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What does it mean to “BE CIVIL-MINDED”?**
 - Answer: It means that your thoughts and actions are kind and respectful toward others
- **Who are some people you think are especially “CIVIL-MINDED” in your community or in the world?**
- **How have you seen others act in “CIVIL” ways to one another?**
- **What are some ways that you show “CIVILITY” and kindness toward others?**
- **When someone is acting “CIVILLY,” what does that look like?**
- **How can you show “HONOR” for others in the way you speak, the language you use, or the tone of your voice?**
- **How can you show “HONOR” for others when they speak to you?**
- **How can you show “HONOR” for others through your actions?**
- **What are some reasons we might forget to “BE CIVIL-MINDED” with others?**
 - How can we remember to “BE CIVIL-MINDED” instead?
- **Why do you think our world needs “CIVILITY”?**
- **Do you think humanity is “CIVIL” for the most part, or not “CIVIL” for the most part?**
 - Why do you think that?
 - How do you think people learn un-“CIVIL” behavior?
 - What part can you play in helping the world become more “CIVIL”?
- **How might making a written plan of how to practice “CIVILITY” help you to do it better?**
- **How does practicing courtesy and respect show others that they MATTER?**

3) SET UP THE “ONE WEEK OF HONOR” ACTIVITY:

- **Explain:**
 - This whole month has been about being an “HONORABLE” person
 - Being “HONORABLE” means that whether we’re alone or with others, we are striving to be respectful, honest, and upright
 - Those good choices begin in our minds, and are shown through the way we talk, the things we do, and the way we interact with others
 - There are a lot of ways to show “HONOR”
 - For example, we can practice speaking kindly about people even when they’re not around
 - We can also do intentional things like having a “CIVIL” conversation with someone whose views we do not share
 - Even though many “HONORABLE” things come naturally to us, we could all use practice and improvement in at least one way
- **Ask:**
 - Do you think you can learn to be even more “CIVIL”?
 - What are some of the benefits of “BEING CIVIL-MINDED” and acting in “CIVIL” ways?

4) START THE “ONE WEEK OF HONOR” ACTIVITY:

- **Place paper and staplers on tables: 8 quarter sheets (2 whole sheets total) of paper per student, and one stapler per 6-8 students for them to share**
- **Set out supplies for books: Pencils or pens and coloring materials (markers, crayons, and/or colored pencils)**

- **Explain:**

- Today we'll think of some ideas, one for each day of the week, to show "HONOR" to others by "BEING CIVIL" to them

- Then we'll make our own books to have this week as a reminder of each day's goal

- **Instruct students to each count out 8 quarter sheets of paper and staple them together to make a small book**

- **Have them title the first page "ONE WEEK OF HONOR" and label each of the rest of the pages with a specific day, Monday through Sunday**

- **Then, have students think of some ways they can show "HONOR," respect, and "CIVILITY" to others through specific actions. If helpful, you can brainstorm as a class, in small groups, or in pairs before having students write. Some possible examples are:**

- Apologizing when you make a mistake

- Being gracious when others are wrong

- Using kind and appropriate language toward peers and adults

- Treating others in a way that you would want to be treated

- Being on time for everything for a day

- Getting all homework completed before it's due

- Giving as many sincere compliments as possible in one day

- Giving all you've got for a day and really being determined in all you do

- Having a respectful conversation with someone you disagree with

- Being the best listener you can for a day, waiting to form a response

- Noticing and commenting when you see others being "HONORABLE" or respectful

- Putting all distractions away in order to connect with people better for a day

- Asking polite questions to someone who's different than you to gain understanding

- Being an example of "CIVILITY" for a day

- **Once students have ideas for how they want to act throughout the week, have them write one idea of how they can act with "CIVILITY" and "HONOR" per page, and draw a box at the bottom of each page**

- When students are done, each page, Monday through Sunday, should have an action with a box on it

- For younger students, they can write short phrases or draw pictures for how they will act each day

- **Allow students up to 10 minutes to make and fill out their "ONE WEEK OF HONOR" book full of actions they will do throughout the week**

- **If students finish early, they can decorate their book with coloring materials**

- **Then, tell students that each day they will do their best to act in that "HONORABLE" and "CIVIL" way that they identified**

- And, they can rate themselves in the box on a scale of 1-10 of how they think they did that day (1 being the lowest and 10 being the highest), and write or draw how they want make improvements and grow

5) AFTER THE ACTIVITY, ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS REFLECT ON WHAT THEY'VE ACCOMPLISHED AND HOW THEY CAN TAKE THIS FORWARD:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What was it like to create your "ONE WEEK OF HONOR" book today and think of ways you can act with "HONOR" and "CIVILITY" throughout the week?**

- **What were some ideas that you put in your book?**

- What idea are you the proudest of?

- **How successful do you think you will be in completing each of your goals?**

- **Who can you be accountable to about your goals?**

- **How will you be intentional about doing every single thing in your book?**

- **Did you have more than seven ideas for being "HONORABLE"?**

- If so, what were some of your other ideas?

- How will you put those ideas into practice?

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- **How do you think writing down goals can help you reach them?**
 - What are some other ways that you can remind yourself of both short and long-term goals?
 - **Where is a place you can put your book so that you can see it often during the day to remember your goal?**
 - **How will you help others to really know that they MATTER as you interact with them with “HONOR” and “CIVILITY” this week?**
 - **How has this activity helped you to focus on “BEING CIVIL-MINDED”?**
 - **If the whole world did the ideas in your book, how do you think the world could change?**
 - **Why do your “HONORABLE” actions MATTER?**

- 6) THANK STUDENTS FOR CREATING THEIR “ONE WEEK OF HONOR” BOOKS. REMIND THEM THAT EVEN THOUGH THEY WROTE ONLY ONE GOAL PER DAY, THEY ARE NOT LIMITED TO JUST THAT GOAL. THANK THEM FOR MAKING THE INTENTION TO ACT IN “CIVIL” WAYS AND TO SPREAD THE MESSAGE OF “HONORABILITY.”**
- 7) ENCOURAGE STUDENTS TO DO THEIR VERY BEST ON EACH DAY’S GOALS, AND TO FIND AN ACCOUNTABILITY PARTNER SO THEY WILL BE MORE SUCCESSFUL. CHALLENGE THEM TO BE MORE “CIVIL” EACH DAY THAN THEY WERE THE DAY BEFORE, AND TO PRACTICE TOLERANCE AND RESPECT WITH EVERYONE.**
- 8) IF POSSIBLE, FOLLOW UP WITH STUDENTS THE FOLLOWING WEEK TO SEE HOW THEY DID WITH THEIR WEEK’S GOALS AND HOW THEY FELT ABOUT THE EXPERIENCE.**
- 9) CONTINUE EXPLORING HOW TO “BE CIVIL-MINDED” BY LEADING ONE OR MORE OF THE FOLLOWING EXTENSION IDEAS.**



EXTENSION IDEAS:

DO ONE OR MORE OF THESE EXTENSION IDEAS TO BRING THE LESSON FROM 15 MINUTES TO 30 MINUTES OR MORE.

- 1) Student Share-Out:** Make time in class over the next week for students to share their “HONORABLE” actions and what kind of impact they are making on others and in their own lives. If possible, have students journal about their experiences, as well, to allow them time and space to reflect about how “CIVILITY” and “HONORABILITY” really do matter.
- 2) Take it to Social Media:** Instead of making books, let older students get involved (and help others get involved) by creating a social media platform about “CIVIL-MINDEDNESS” and “HONOR.” Students may record a small video with that day’s goal and encourage others to post, comment, and share.
- 3) One Month of Honor:** Since this month’s theme is “GET HONORABLE,” work with students to come up with enough “HONORABLE” goals for the rest of the month in an advent-type calendar format that students can do individually or as a group.
- 4) Research Honor:** Go to your school or local library and find as many books as you can about people who have shown “HONOR” in their lives toward others.
- 5) Learn from Others:** Watch the following video to learn about Malala Yousafzai, an “HONORABLE” 22-year old Pakistani woman who won the Nobel Peace Prize at age 17 for her advocacy for girls’ education (EDUCATOR’S NOTE: This video has descriptions of violence, as Malala grew up in a time of war and was shot by the Taliban for her efforts and lived through it.):
<https://www.youtube.com/watch?v=A6Pz9V6LzcU> (about 8 minutes; interview with Ellen DeGeneres).

**“STAND UP FOR WHAT’S RIGHT,
EVEN IF IT MEANS STANDING ALONE.”**

- SUZY KASSEM