



WEEK 4



No materials required.

Prep Time: 0 mins.



As this is the last Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at [www.everymondaymatters.org](http://www.everymondaymatters.org). Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

## WEEKLY KICK-OFF

- 1) **SHARE THIS WEEK'S THEME WITH STUDENTS: "MIND YOUR MANNERS"**
- 2) **ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS EXPLORE THE WEEK'S FOCUS:**

**\*NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What are "MANNERS"?**
  - Answer: Ways of behaving that are polite, respectful, considerate, and kind
- **What does "MINDING YOUR MANNERS" mean to you?**
- **If you saw someone "MINDING THEIR MANNERS," what might that look like?**
- **What kinds of things might be happening if someone was not "MINDING THEIR MANNERS"?**
- **What other characteristics might you notice about someone who "MINDS THEIR MANNERS"?**
- **Thinking about your day from beginning to end, what small things do you do that show you have good "MANNERS"?**
- **How do you "MIND YOUR MANNERS" with teachers and program leaders?**
  - How about with family and friends?
  - Equally as important, how do you "MIND YOUR MANNERS" with strangers?
- **How can you "MIND YOUR MANNERS" on your commute to and from school?**
- **Do you think it's easier to "MIND YOUR MANNERS" with people you have just met, or with people you have known for a long time?**
- **How does "MINDING YOUR MANNERS" help you to "HONOR" and respect those around you?**
- **What does it mean to you to "HONOR" someone with your actions?**

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- What kind of impact do you think you could have by making the choice to “MIND YOUR MANNERS”?
  - How would remembering and practicing “MANNERS” daily remind you and others that WE MATTER?

### **3) READ THE WEEKLY INTRODUCTION ALOUD OR ASK A STUDENT TO DO SO:**

Showing honor happens in a lot of ways. Most often, these are small actions that add up over time, and that show others how honorable we are. These small actions are choices that we’re presented with every single day, such as whether we’ll hold the door for someone else, if we’ll be polite to a stranger, or if we are respectful to a family member or friend when we’re tired and frustrated. This week, we want you to go back to the basics and MIND YOUR MANNERS. There is real magic in showing respect to others in these small actions—a magic that when we do them, spreads to others and out into the whole world. Minding our manners is not about stifling who we are; instead, it’s about emphasizing the goodness that’s in all of us. It’s about redefining our lives with honor, kindness, and care. It’s about bringing careful intention into how we drive our cars and what we say on social media. It’s about acting like we and others really do matter. So this week, remember that the little choices and actions are important. Minding your manners matters.

### **4) REVIEW HOW THIS WEEK SUPPORTS THE MONTH’S THEME OF “MONDAY GETS HONORABLE”:**

- **Explain:**

- The word “HONORABLE” means many things to many people
- For us this month, “HONORABLE” means making small, consistent, and good choices
- Those choices lead us to becoming people that are honest with ourselves and others
- Being “HONORABLE” also means that we do the right thing, even when no one is watching
- “MINDING YOUR MANNERS” is a huge part of being “HONORABLE,” both in public and in private
- For example, it may be easy to use our “MANNERS” with a stranger, but more challenging to be respectful to a family member
- Or it may be easy to be kind to someone’s face, but tempting to criticize them behind the mask of social media
- “MINDING YOUR MANNERS” means being kind, thoughtful, and respectful in both word and action
- But it does not mean silencing yourself
- We can be kind even when we are not right, respectful even when we disagree with someone, and we are still free to share our opinions
- “MINDING YOUR MANNERS” boils down to living the golden rule: Treat people how you would like to be treated yourself

- **Ask:**

- How have you seen someone “HONOR” others by using their “MANNERS”?
- Are you ready to practice “MINDING YOUR MANNERS” this week and “GETTING HONORABLE” in the process?

### **5) PRESENT THE WEEKLY GOALS:**

- Discover how etiquette makes a difference in our world, and learn specific ways to implement it
- Identify how active listening helps us to “HONOR” and thoughtfully interact with others
- Practice the art of gratitude and respect toward those who help, serve, and support our lives
- Understand how “MIND YOUR MANNERS” is an important part of this month’s theme, “MONDAY GETS HONORABLE”

**“ THE DEFINITION OF ETIQUETTE IS GENDER NEUTRAL – IT SIMPLY MEANS WE STRIVE AT ALL TIMES TO ENSURE A PERSON IN OUR COMPANY FEELS AT EASE. ”**  
- LYNN COADY