



WEEK 4



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “MIND YOUR MANNERS” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Discover how etiquette makes a difference in our world, and learn specific ways to implement it
- Identify how active listening helps us to “HONOR” and thoughtfully interact with others
- Practice the art of gratitude and respect toward those who help, serve, and support our lives
- Understand how “MIND YOUR MANNERS” is an important part of this month’s theme, “MONDAY GETS HONORABLE”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals.*

- What did you like best about “MIND YOUR MANNERS” week and why?
- What did you learn about “MINDING YOUR MANNERS” this week?
- Why is “MINDING YOUR MANNERS” an important thing to do?
- What about “MIND YOUR MANNERS” week stuck out most to you?
- How have you noticed others “MINDING THEIR MANNERS” this week?
- What is one way that you have improved your ability to “MIND YOUR MANNERS” this week?
- What is one way you can still improve?

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- **What was it like to play the “table relay” and learn about eating with “HONOR” (the I MATTER activity)?**
 - Did you learn anything new about the importance of setting a table and eating with others? What did you learn?
 - **Did you enjoy creating your “Thanks a Bunch!” thank-you cards (the YOU MATTER activity)?**
 - How does it feel to have a kind thank-you ready for whenever you want it?
 - **How did it feel to have others not “MIND THEIR MANNERS” and interrupt you as you were speaking with them (the WE MATTER) activity?**
 - What did you learn or realize about the importance of active listening that you hadn’t realized before?
 - **What do you think “MIND YOUR MANNERS” means now, after doing activities surrounding that theme?**
 - **How will you “MIND YOUR MANNERS” going forward?**
 - **How has your effort to have better “MANNERS” affected your relationships with others?**
 - What relationship in your life would be most improved by “MINDING YOUR MANNERS”?
 - **How can you share what you’ve learned about being “HONORABLE” and having good “MANNERS” with others?**
 - **How do you think “MINDING YOUR MANNERS” fits in with being an “HONORABLE” person?**
 - **What are some ways you recognized yourself or others using “HONORABLE” behavior this week?**
 - **What things can you specifically do, moving forward, to show “HONORABLE” character?**
 - **What activity, discussion, or idea helped you to know that YOU MATTER?**
 - **How did you show others that they MATTER this week?**
 - **What would the world be like if we all remembered that WE MATTER and “GOT HONORABLE” by “MINDING OUR MANNERS” more often?**
- 4) THANK STUDENTS FOR FINDING NEW WAYS TO “MIND THEIR MANNERS,” EVEN IF THEY WERE REALLY GOOD AT IT BEFORE. REMIND THEM THAT THEIR “MANNERS” ARE EVIDENCE OF BEING “HONORABLE” PEOPLE, AND THAT BEING “HONORABLE” IS ONE OF THE BEST TRAITS SOMEONE CAN HAVE.**
- 5) CHALLENGE STUDENTS TO ACTIVELY USE GOOD “MANNERS” IN ALL THEIR INTER-ACTIONS, TO SAY AND DO GOOD THINGS EVEN WHEN NO ONE IS WATCHING, AND TO LIVE THEIR LIVES AS “HONORABLY” AS POSSIBLE.**

“LIFE IS SHORT, BUT THERE IS ALWAYS ENOUGH TIME FOR COURTESY.”
- RALPH WALDO EMERSON