



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “VOLUNTEER YOUR TIME” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Discover personal traits and strengths that contribute to making the lives of others better
- Identify various ways to serve in local and global causes, and put these ideas into action
- Recognize how to lift others through long-term solutions based on real need
- Understand how “VOLUNTEER YOUR TIME” is an important part of this month’s theme, “MONDAY GETS ENGAGED”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals.*

- What did you like best about “VOLUNTEER YOUR TIME” week and why?
- What new things have you learned about “VOLUNTEERING” in impactful and sustainable ways this week?
- In what ways were you able to get out and “VOLUNTEER” in your community this week?
- How did your personal strengths contribute to your “VOLUNTEER” efforts?
- What new strengths, traits, or talents did you discover within yourself this week?
- Were you able to find any new “VOLUNTEER” opportunities that you could regularly give your “TIME” to?
- What was it like to commit to doing “BIGGER AND BETTER” service opportunities for the teachers in your community or school (the I MATTER activity)?
- What are some of the ways you “VOLUNTEERED” to help your teachers?

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- What kind of impact did your service have on the people who most often serve you?
 - **Did you enjoy playing “Small and Simple Bingo” (the YOU MATTER activity)?**
 - How many small and simple “VOLUNTEER” acts were you able to accomplish during the activity?
 - What did you learn about how “VOLUNTEERING” doesn’t have to be a big, grand act?
 - How will you do small and simple acts of service going forward?
 - **What was it like to plan a “VOLUNTEER” activity based on feedback from the community (the WE MATTER activity)?**
 - What did you learn about how “knowing the need” is important to “VOLUNTEERING”?
 - How will you keep “VOLUNTEERING” in impactful and needed ways going forward, not just in ways that make you feel good?
 - **Did you form any new connections with others during your “VOLUNTEER” efforts this week?**
 - How have your lives been made better by your “VOLUNTEER” experience(s)?
 - What do you think helped strengthen those relationships the most?
 - **Now that you’ve learned so much about “VOLUNTEERING”, how will you stay committed to “VOLUNTEERING” regularly?**
 - What are some specific ways you will try to avoid burnout?
 - **How can you involve others and raise awareness about specific “VOLUNTEER” opportunities in your area?**
 - **How do you feel about giving your “TIME” to others?**
 - **Have you been more aware of how others give their “TIME” for you this week?**
 - In what ways?
 - **How has “VOLUNTEERING” enriched or blessed your life?**
 - **Are there any local or global causes you’d like to “VOLUNTEER” with in the future?**
 - Why does that particular cause interest or excite you?
 - How will you take the first step to get involved?
 - **What are some specific ways you’ve been able to “GET ENGAGED” with others this week?**
 - **How has serving with others this week shown you that WE all MATTER, whether we are on the giving or the receiving end of a “VOLUNTEER” experience?**

4) THANK STUDENTS FOR GIVING OF THEIR “TIME” TO SERVE THE NEEDS OF OTHERS IN MEANINGFUL WAYS THIS WEEK. REMIND THEM THAT “VOLUNTEERING” REGULARLY CAN RENEW THEIR DESIRE TO HELP OTHERS AND NOTICE THE NEEDS THAT EXIST IN THEIR COMMUNITY AND WORLD.

5) CHALLENGE STUDENTS TO FIND A “VOLUNTEER” EXPERIENCE THAT THEY CAN BE REGULARLY INVOLVED IN, AND TO DONATE THEIR “TIME”, TALENTS, AND OTHER RESOURCES TO THOSE SPECIFIC CAUSES, NOT ONLY THIS MONTH, BUT THROUGHOUT THEIR LIVES.

“HOW WONDERFUL IT IS THAT NOBODY NEED WAIT A SINGLE MOMENT BEFORE STARTING TO IMPROVE THE WORLD.”
- ANNE FRANK