



WEEK 3



No materials required.

Prep Time: 0 mins.



As this is the third Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at [www.everymondaymatters.org](http://www.everymondaymatters.org). Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

## WEEKLY KICK-OFF

- 1) **SHARE THIS WEEK'S THEME WITH STUDENTS: "LEAD A TEAM"**
- 2) **ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS EXPLORE THE WEEK'S FOCUS:**

**\*NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What does it mean to "LEAD A TEAM"?**
  - Answer: To give guidance, instruction, and direction to a group of people who make up a team
- **Have you ever "LED A TEAM" before?**
  - What was that like?
- **Have you ever had a great "TEAM LEADER" before?**
  - What made them great?
- **What are some qualities of a great "LEADER"?**
- **How can a "LEADER" make the world a better, fairer, and more inclusive place for everyone?**
- **What are some ways that you can "LEAD A TEAM" right now in your life?**
- **How can you "LEAD A TEAM" in the future?**
- **Would you like to be a "LEADER"?**
  - Why or why not?
- **How can "LEADING A TEAM" help you take ownership over the future you want to see in your own life and in the world?**
- **How might "LEADING A TEAM" help you contribute to your community?**
- **How is "LEADING A TEAM" a powerful act?**
- **Do you think "LEADING A TEAM" can help you "GET ENGAGED"?**
  - How so?

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- Why is it necessary to first “ENGAGE” with others in order to “LEAD A TEAM”?
  - What is the opposite of “LEADING A TEAM”?
  - How might “LEADING A TEAM” connect you to how much YOU MATTER?
  - What are some ways you can show others that they MATTER by “LEADING A TEAM”?

**3) READ THE WEEKLY INTRODUCTION ALOUD OR ASK A STUDENT TO DO SO:**

We hear the word leadership and it’s easy to get intimidated. Leadership can feel like a really big thing! After all, there are some amazing leaders out there that have changed the world in meaningful and positive ways. But leadership doesn’t have to be scary. When you’re leading, you’re contributing to the world in a unique and powerful way. And, you’re providing an opportunity for others to get engaged, just as you are engaging. So this week, we want you to get brave, put on your leadership hat, and LEAD A TEAM. Don’t think you have the experience to lead? Don’t worry—learning how to lead is best done in action. This week, we want you to remember that you don’t have to be a perfect leader, or even really good at it at the beginning. As long as you’re willing to engage, you’ll learn, adapt, and grow. So this week, learn how to lead in your own way, and do it with kindness, respect, and equity. Leading a team matters.

**4) REVIEW HOW THIS WEEK SUPPORTS THE MONTH’S THEME OF “MONDAY GETS ENGAGED”:**

• **Explain:**

- “LEADING” is a big word, and one that can be intimidating and scary
- But being a “LEADER” doesn’t have to be that way
- When you “LEAD A TEAM,” you are contributing to your community in positive and powerful ways
- And, you’re “ENGAGING” with others around you
- This week, we’re going to start to see every interaction with others as an opportunity to “ENGAGE” and learn how to “LEAD” in the best way possible
- Because it’s time for all of us to be the people who “LEAD” in positive ways and toward meaningful change instead of simply complaining about what’s not working
- Focusing on “LEADING A TEAM” and “GETTING ENGAGED” can bring you more joy, optimism, and fulfillment when you realize you can choose to “LEAD” your life and your world in any direction you choose

• **Ask:**

- How might “ENGAGING” with people in your community help you “LEAD A TEAM” more naturally and effectively?
- How might your life change by actively “LEADING A TEAM” and “GETTING ENGAGED” more often?

**5) PRESENT THE WEEKLY GOALS:**

- **Discover how we can earn the trust and respect of others while being a “LEADER”**
- **Identify ways to claim more control and independence in our own lives**
- **Practice “LEADING” and making positive changes by being an active citizen and role model in our own communities**
- **Understand how “LEADING A TEAM” is an important part of this month’s theme, “MONDAY GETS ENGAGED”**

**“ YOU HAVE BRAINS IN YOUR HEAD.  
YOU HAVE FEET IN YOUR SHOES.  
YOU CAN STEER YOURSELF ANY  
DIRECTION YOU CHOOSE.”**

- DR. SEUSS