



WEEK 3



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “LEAD A TEAM” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Discover how we can earn the trust and respect of others while being a “LEADER”
- Identify ways to claim more control and independence in our own lives
- Practice “LEADING” and making positive changes by being an active citizen and role model in our own communities
- Understand how “LEADING A TEAM” is an important part of this month’s theme, “MONDAY GETS ENGAGED”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals.*

- What did you like best about “LEAD A TEAM” week and why?
- What strategies have you learned to make “LEADING A TEAM” part of your life?
- What did you learn about what makes a good “LEADER”?
- Has your view of what it means to be a “LEADER” changed?
 - How so?
- In what ways did you act as “LEADER” this week?
 - How did you “LEAD” in your own life?
 - How did you “LEAD” others?
- Did you discover any new strengths or traits inside yourself this week?

-
- **Do you believe that you can be a great, positive, and effective “LEADER”?**
 - Why or why not?
 - **What was it like to take responsibility and practice “taking the reins” of your life (the I MATTER activity)?**
 - Have you had a conversation with your parent, teacher, or caregiver to ask for more responsibility yet?
 - If you haven’t, are you excited to? Or how do you feel?
 - What did you learn about why it is important to “LEAD” your own life?
 - **Did you have fun playing the “Follow My Voice” game (the YOU MATTER activity)?**
 - What did you learn about communicating effectively as a “LEADER”?
 - How will you apply what you learned to your own life going forward?
 - **Did you enjoy creating your “Sesame Street Remix” (the WE MATTER activity)?**
 - Did you learn anything new about what it means to be a “LEADER” in different ways?
 - **What did you learn this week about why “ENGAGING” with others is important to “LEAD A TEAM”?**
 - **How do you think you will continue to “LEAD” going forward?**
 - **Are there any opportunities for you to be a “LEADER” now?**
 - How might you want to be a “LEADER” in the future?
 - **What are some ways you can continue to be the “LEADER” of your own life?**
 - **How can you be a “LEADER” from behind the scenes in your family, school, community, or world?**
 - **What kind of world do you want to create as a “LEADER”?**
 - **What are some of the challenges you or others might face when trying to “LEAD A TEAM”?**
 - How will you commit to “LEADING A TEAM”, even though there might be those challenges?
 - **After this week, are you inspired to “LEAD A TEAM” and “ENGAGE” with others more often?**
 - **What is one way that you realized that YOU and your actions MATTER this week?**
 - **How did you show others that they MATTER?**
 - **Are you excited to continue showing others that WE all MATTER by being a “LEADER” going forward?**
- 4) THANK STUDENTS FOR CONNECTING TO THE TRUE MEANING OF BEING A “LEADER” IN THEIR OWN LIVES AND THE LIVES OF OTHERS BY “ENGAGING” WITH WHAT EXCITES THEM AND HELPING FRIENDS, FAMILY, AND COMMUNITY MEMBERS DO THE SAME.**
- 5) CHALLENGE STUDENTS TO TAKE OWNERSHIP OF THEIR LIVES BY CHOOSING TO “ENGAGE” WITH WHAT EXCITES THEM AND “LEAD” THEIR PEERS, FAMILY, AND COMMUNITY TO “ENGAGE” WITH EACH OTHER AND THE WORLD AROUND THEM.**

**“YOU'RE ON YOUR OWN. AND YOU KNOW
WHAT YOU KNOW. AND YOU ARE THE
ONE WHO'LL DECIDE WHERE TO GO...”**

- DR. SEUSS