



WEEK 4

15
MIN



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “COMMIT TO COMMUNITY” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Discover how our actions can build “COMMUNITY” and help others feel accepted just as they are
- Practice being our true selves and show others that they can do the same
- Find creative and welcoming ways to bring people together in a positive environment
- Understand how “COMMIT TO COMMUNITY” is an important part of this month’s theme, “MONDAY GETS ENGAGED”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals.*

- What did you like best about “COMMIT TO COMMUNITY” week and why?
- What new things have you learned about the importance of “COMMITTING TO COMMUNITY” this week?
- What are some new ways you learned that you can “COMMIT TO COMMUNITY”?
- How did you actively “COMMIT TO COMMUNITY” this week?
- How did you feel about “GETTING ENGAGED” in your “COMMUNITY” before this week?
 - How do you feel about it now?
- What were some of the best moments you shared while “COMMITTING TO COMMUNITY” this week?
- Did you enjoy creating your “COMMUNITY” map (the I MATTER activity)?
 - What kind of “COMMUNITY” did you make a map of?
 - What are some things you included on your “COMMUNITY” map?

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- **What was it like to create a “pledge of acceptance” (the YOU MATTER activity)?**
 - Why do you think it’s important to accept others just as they are?
 - How does accepting others help build a welcoming and inclusive “COMMUNITY”?
 - How will you keep fulfilling your pledge going forward?
 - **Did you have fun putting together your class “COMMUNITY” newsletter (the WE MATTER activity)?**
 - What are some things you included in your newsletter?
 - Where will you distribute your newsletter, or where did you distribute your newsletter? Why those places?
 - How can your newsletter help you and others “GET ENGAGED” in your “COMMUNITY”?
 - **What is the best or most exciting thing you learned about yourself this week?**
 - **Did you form any new relationships or connections while you “COMMITTED TO COMMUNITY” this week?**
 - Or, were any relationships strengthened because of your work?
 - **What will you share with others about this week?**
 - **What are the benefits of “COMMITTING TO COMMUNITY”?**
 - **How will you “COMMIT TO YOUR COMMUNITY” going forward?**
 - **What have you learned about how “COMMITTING TO COMMUNITY” is an “ENGAGING” act, or a way to “GET ENGAGED”?**
 - **How did you see that YOU MATTER this week?**
 - **How did you show others that they MATTER?**
 - **What would the world be like if everyone “GOT ENGAGED” by “COMMITTING TO THEIR COMMUNITY” more often?**
 - Do you think everyone would really understand that WE all MATTER? How might that knowledge make a difference in each person’s life, and in the whole world?
- 4) THANK STUDENTS FOR “GETTING ENGAGED” BY “COMMITTING TO COMMUNITY” THIS WEEK. REMIND THEM THAT THEY AND THEIR ACTIONS REALLY DO “MATTER” AS THEY BUILD “COMMUNITY”, BOTH NOW AND IN THE FUTURE.**
- 5) CHALLENGE STUDENTS TO CONTINUE TO “COMMIT TO THEIR COMMUNITIES” AS OFTEN AS POSSIBLE WHILE “COMMITTING” TO LEARNING MORE AND MORE ABOUT HOW THEY CAN BE GREAT “COMMUNITY” MEMBERS, FRIENDS, FAMILY MEMBERS, AND NEIGHBORS.**

**“ALONE, WE CAN DO SO LITTLE.
TOGETHER, WE CAN DO SO MUCH.”**
- HELEN KELLER