



No materials required.

Prep Time: 0 mins.



As this is the second Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at www.everymondaymatters.org. Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

WEEKLY KICK-OFF

1) SHARE THIS WEEK'S THEME WITH STUDENTS: "BE TENACIOUS"

2) ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS EXPLORE THE WEEK'S FOCUS:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What does the word "TENACIOUS" mean?**
 - Answer: Keeping a firm hold on something; stubborn and persistent; tough
- **What are some things that you strongly believe in?**
 - Why do you believe so strongly in those things?
 - Would you say that you are "TENACIOUS" about those things?
- **How often do you stand up for something that you believe in?**
 - What are some ways that you do this?
 - How does it feel when you stand up "TENACIOUSLY" for something that you believe in?
- **Do you believe anything different from the other people around you, like your friends and family?**
 - What does it feel like to have that different belief or to live your life in a different way from others?
- **Is it always easy to believe or act differently than others?**
 - What makes it worth it to do this?
- **Are there topics or things going on in the world that you would like to be more "TENACIOUS" about, or to stand up for more often?**
- **Why is it important to "BE TENACIOUS", or to stand firmly in what you believe in?**
- **Do you think it's possible to "BE TENACIOUS" while also being open to what other people think, their experiences, and their belief systems?**
 - What are some ways that you can do this?

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- How can “BEING TENACIOUS” help you to “GET EMPOWERED” in your life?
 - Do you think that “BEING TENACIOUS” can help you understand how much YOU and your actions MATTER?
 - How so?
 - How can you “BE TENACIOUS” and show others that they MATTER?
 - What would the world be like if we all “GOT EMPOWERED” and “TENACIOUS” more often?
 - How might we create a world where everyone knows that WE all MATTER?

3) READ THE WEEKLY INTRODUCTION ALOUD OR ASK A STUDENT TO DO SO:

Tenacity is so important. It’s so important to know what we believe in and stand up for the good that we want to see in the world. This week, it’s time to BE TENACIOUS and to not give up on the positive change that we know can happen around us and within us. As much as tenacity requires us to courageously go after and stand up for what we want, we also still need to be open to the experiences of others and the different ideas all around us. So this week, decide to go after good and believe in your capacity to do good. Remember that your actions speak louder than words—and ideas. Start asking how you can put into action what you want to see in the world in your own life, and how you can take a stand for the good you believe in. Remember that you can make real, lasting, and positive change, even when things are tough. Take this week to learn what tenacity means for you and in your own life. Being tenacious matters.

4) REVIEW HOW THIS WEEK SUPPORTS THE MONTH’S THEME OF “MONDAY GETS EMPOWERED”:

- **Explain**
 - To “BE TENACIOUS” means to be confident in and stand up for what you believe in
 - It can be difficult to stand up for what you believe in, especially if what you believe is different than the people around you
 - However, it is very important to stand firm in what you believe in so that you can work toward good and positive change in the world
 - This week, we are going to learn how to “GET EMPOWERED” by “BEING TENACIOUS” so we can start making positive changes in the world around us, in our relationships, and in our own lives
- **Ask:**
 - Are you excited to become more confident in what you believe in?
 - Do you believe that you have the power to make a positive change in the world?
 - Are you ready to “BE TENACIOUS” this week?

5) PRESENT THE WEEKLY GOALS:

- Spend time discovering what we each believe in the most
- Find ways to support others as they stand up for their passions and beliefs
- Build a strong community by making space for confident and resilient voices of people who are working for good
- Understand how “BE TENACIOUS” is an important part of this month’s theme, “MONDAY GETS EMPOWERED”

**“THE MOST DIFFICULT THING IS
THE DECISION TO ACT,
THE REST IS MERELY TENACITY.”**

- AMELIA EARHART