



WEEK 2



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that “BE TENACIOUS” week is over, let’s see how we did on our weekly goals

2) RE-SHARE THE WEEKLY GOALS:

- Spend time discovering what we each believe in the most
- Find ways to support others as they stand up for their passions and beliefs
- Build a strong community by making space for confident and resilient voices of people who are working for good
- Understand how “BE TENACIOUS” is an important part of this month’s theme, “MONDAY GETS EMPOWERED”

3) USE 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals.*

- What did you like best about “BE TENACIOUS” week and why?
- What have you learned about “BEING TENACIOUS” and why it’s important to do so?
- What did you think about “BEING TENACIOUS” before this week?
 - How do you feel about it now?
- Which activities did you enjoy the most this week and why?
- What were some of the best moments you had while “BEING TENACIOUS” this week?
- What is the something that you learned about yourself this week?
- What did it feel like to “BE TENACIOUS” this week?
- Did you enjoy playing “TENACITY” hangman (the I MATTER activity)?
 - What did you learn about “BEING TENACIOUS” from this game?

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- **Who are some “TENACIOUS” people that you discovered through your scavenger hunt (the YOU MATTER activity)?**
 - In what ways were these people “BEING TENACIOUS”?
 - Were you inspired by them in any way?
 - How will you honor what they have done and act in a “TENACIOUS” way yourself?
 - **What was it like to create a petition for positive change (the WE MATTER activity)?**
 - How many people were you able to get to sign the petition?
 - Do you believe that the “TENACITY” of you and your classmates will create positive change for you and for others?
 - **What are some new ways that you will “BE TENACIOUS” from now on?**
 - **What are the benefits of “BEING TENACIOUS”?**
 - **What quality about yourself are you most proud of?**
 - **How will you share what you learned about “TENACITY” and “EMPOWERMENT” with other people?**
 - **Are you inspired to “BE TENACIOUS” going forward?**
 - **Will it always be easy to “BE TENACIOUS”?**
 - What can you do when it gets challenging?
 - Why is it worth “BEING TENACIOUS”, even if it is challenging to do?
 - **How does “BEING TENACIOUS” relate to “GETTING EMPOWERED”?**
 - **How can “BEING TENACIOUS” help you to know that YOU and your actions MATTER?**
 - **How can you “BE TENACIOUS” in showing others that they MATTER?**
 - How will your relationships get stronger because of this?
 - **What would the world be like if we all were more “TENACIOUS” about making positive change in the world?**
 - How would it be a better place where we all knew that WE MATTER?
 - What can we do now to make the world just a little bit closer to that goal?

4) THANK STUDENTS FOR LEARNING ABOUT HOW THEY CAN “BE TENACIOUS” THIS WEEK, AND HOW THEY ARE “TENACIOUS” ALREADY.

5) CHALLENGE STUDENTS TO “GET EMPOWERED” TO “BE TENACIOUS” ABOUT THE THINGS THAT WILL MAKE POSITIVE CHANGES IN THE WORLD, THAT WILL BETTER THEIR RELATIONSHIPS, AND THAT THEY BELIEVE IN. REMIND THEM THAT THEIR ACTIONS AND BELIEFS “MATTER”.

“ I CAN'T THINK OF ANY BETTER REPRESENTATION OF BEAUTY THAN SOMEONE WHO IS UNAFRAID TO BE HERSELF. ”

- EMMA STONE