



WEEK 2



No materials required.

Prep Time: 0 mins.



As this is the second Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at [www.everymondaymatters.org](http://www.everymondaymatters.org). Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

## WEEKLY KICK-OFF

- 1) **SHARE THIS WEEK'S THEME WITH STUDENTS: DECIDE TO DISCOVER**
- 2) **ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS EXPLORE THE WEEK'S FOCUS:**

**\*NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What do you think it means to DISCOVER?**
  - Possible answers: Find out something new, understand and figure out new things, uncover a secret
- **What people do you know have DISCOVERED new things?**
- **How has DISCOVERY been an important concept of history?**
- **What do you think it means to be CURIOUS?**
  - Possible answers: Wanting to know more about something, having a yearning to learn or DISCOVER something new, being driven to understand something more
- **In what ways has CURIOSITY had a positive impact on your life?**
- **What is the difference between DECIDING TO DISCOVER and just stumbling upon some new facts or information?**
- **How can DECIDING TO DISCOVER make you more CURIOUS?**
- **What are some things you are CURIOUS about?**
- **What kinds of DISCOVERIES do you think you could make about yourself?**
  - Possible answers: Finding new talents or abilities, uncovering hidden strengths, realizing likes and dislikes, finding information about your childhood or heritage
- **What are some positive DISCOVERIES you could make about your family?**

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- What are some things you could **DECIDE TO DISCOVER** within nature or your own community?
  - What about our world beyond our community makes you **CURIIOUS**?
  - What's the first step you could take once you've **DECIDED TO DISCOVER** something?

### **3) READ THE WEEKLY INTRODUCTION ALOUD OR ASK A STUDENT TO DO SO:**

Have you ever walked the same path or driven the same way for ages and stopped really noticing what's around you? Do you ever find yourself thinking that you have experienced all there is to experience in life? Are you realizing now that there might be more to life than what you see right in front of you? This week, take a deep breath and **DECIDE TO DISCOVER**. Discovery and curiosity, while they can happen naturally, are also quite intentional. When you decide to discover, you're committing to opening your eyes and being right here, right now, in the present moment. You're looking at that same path with new eyes—or deciding to take a new path altogether. This week, switch on the part of yourself that is an explorer and start seeing things in a new way. Be kind to yourself as you step out of your comfort zone to try new things. Stay confident in your ability to take on whatever comes your way. Take this opportunity to change not just your routine, but truly how you live your life. This week, make a change. Deciding to discover matters.

### **4) REVIEW HOW THIS WEEK SUPPORTS THE MONTH'S THEME OF "MONDAY GETS CURIOUS":**

- **Explain:**

- Sometimes when we think of the word **DISCOVERY**, we think of people who explored new places, found cures to illnesses, or invented new things.
- While those **DISCOVERIES** are important and valuable, this week we're going to bring it in a bit closer to home.
- Our **DISCOVERIES** don't have to be huge or grandiose to **MATTER**.
- Every second of every day offers something new to **DISCOVER**.
- For example, when you are doing homework, you could get **CURIIOUS** about how your eyes or brain work together, you could wonder about where and how your pencil was made, or you may want to know more about the topic you are studying.
- We're not suggesting you daydream during homework time, only that you make conscious efforts in each part of your day to **GET CURIOUS**.
- This **CURIOSITY** can lead to so many beautiful things, new ideas, insights, and appreciation for our world and humanity.
- Your **DECISION TO DISCOVER** can also lead you to realize more about yourself and your amazing untapped potential.
- This week, challenge yourself to **GET CURIOUS** and make as many new **DISCOVERIES** as you can

- **Ask:**

- Why do you think your own "**CURIOSITY**" **MATTERS**?

### **5) PRESENT THE WEEKLY GOALS:**

- **Recognize how being curious about various subjects connects us to a broader culture.**
- **Explore and broaden your understanding about our collective hopes and struggles.**
- **Discover more about yourself and the vision you have for your life.**
- **Understand how **DECIDE TO DISCOVER** is an important part of this month's theme, **MONDAY GETS CURIOUS**.**

**“CURIOSITY IS THE MOST POWERFUL THING YOU OWN.”**  
- JAMES CAMERON, CANADIAN FILMMAKER