



Students work together to develop a successful routine.



One hula hoop, plastic cone, or large marking point; 9 x 12 construction paper or thick paper (You'll need one less sheet of construction paper than the number of players. For 20 students, you'll need 19 sheets of paper.

Total Prep Time: 5 mins.



As this is the third Monday of the month, please consider sharing or re-sharing the Monthly Kick-Off activity, and if appropriate, video at www.everymondaymatters.org. Additionally, a three-minute recap of the previous weeks may add extra context to this week and help connect the dots around the monthly theme.

4 C's	SOCIAL & EMOTIONAL LEARNING	SERVICE LEARNING
• Critical thinking	• Self-awareness	• Integrated learning
• Communication	• Self-management	• High quality service
• Collaboration	• Social-awareness	• Collaboration
• Creativity	• Relationship skills	• Student voice
	• Responsible decision-making	• Civic responsibility
		• Reflection
		• Evaluation

GOALS FOR THE WEEK

- Learn how we develop ROUTINES and how they impact others.
- Evaluate your existing ROUTINES and determine if they help you reach your goal of living a CURIOUS life.
- Discover new ROUTINES that may positively impact how you see and think about the world around us.
- Understand how CHANGE YOUR ROUTINE, is an important part of this month's theme, MONDAY GETS CURIOUS.



STUDENT ACTIVITY: **“TOGETHER WE CAN”**

- 1) SHARE THE NAME OF THIS ACTIVITY WITH STUDENTS: TOGETHER WE CAN**
- 2) ASK 1-3 QUESTIONS FROM THE LIST BELOW TO WARM STUDENTS UP ON THE ACTIVITY’S FOCUS:**

***NOTE:** *Choose questions appropriate to your students’ ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **Have you ever tried to accomplish something by yourself and it ended up not being so great? But then, you had some help from friends, family and/or classmates?**
- **What was it like having help from more people?**
- **What kinds of things have you achieved with a group of people?**
- **What was it like having a lot of friends helping?**
- **Did it make the activity or ROUTINE easier?**
- **When there is a larger group, what makes a ROUTINE more achievable or successful?**
- **When there is a big group trying to achieve something, what ROUTINES are helpful?**
- **How does CHANGING A ROUTINE, affect WE MATTER?**
- **How do WE MATTER, when we CHANGE A ROUTINE?**

- 3) SET UP THE TOGETHER WE CAN ACTIVITY:**

- **Explain:**
 - When we are at school, at work, or even at play, we are interacting with other people.
 - We play on teams, work in groups, perform in groups – even eat lunch in groups.
 - There are ROUTINES that help us accomplish things in our groups.
 - Sometimes, these ROUTINES lead us to achieve.
 - Sometimes, these ROUTINES need to CHANGE.
- **Ask:**
 - When working with others, what ROUTINES can we develop so that we experience WE MATTER?

- 4) START THE TOGETHER WE CAN ACTIVITY:**

- **Explain:**
 - Today, we will understand that when we work together, we can make great things happen.
 - Sometimes, when we play games or work in groups, it can get frustrating because people don’t follow the ROUTINE.
 - As we play the activity, think about what ROUTINES that can be developed in order to do the activity more smoothly.
 - We’re going to play Hot Lava. (***)There are several different names for this game.)
 - The goal of Hot Lava is to use the “stepping-stones” (pieces of construction paper) to get the entire team to safety without stepping into the lava.
 - Rules:
 - If a participant loses touch with a stepping-stone at any time within the hot lava, they lose the stepping-stone to the facilitator who keeps in until the end of the activity.
 - If a participant steps off the stepping-stone or falls into the lava, the participant must go back behind the starting line.
 - A participant may not have both feet on the same stepping-stone.
- *****NOTE:** Modify based on age group. For younger students, you may allow each student to have a stepping-stone or they can have two feet on a single stone.
- Students may not lift one another or carry another student.
- The game facilitator can take away stepping-stones when a student “falls into the lava” or puts two feet on the same stepping-stone.

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- The game facilitator can also place stepping-stones back in if the group is demonstrating why WE MATTER.
 - **Determine where the safe zone is located. Place the marker (hula hoop, plastic cone, etc.) at the safe zone.**
 - **Tell students that each student will have a stepping-stone except for one.**
 - **Give students time to develop a ROUTINE to get across to the safe zone. (***)You may or may not need to guide or facilitate their discussion.)**
 - **Once students have a ROUTINE (plan), they can start.**
 - **As the game starts, try to let students develop the ROUTINE. (Note: Step in where you see fit.)**
 - **Gather students for reflection.**

5) AFTER THE ACTIVITY, ASK 1-3 OF THE FOLLOWING QUESTIONS TO HELP STUDENTS REFLECT ON WHAT THEY'VE ACCOMPLISHED AND HOW THEY CAN TAKE THIS FORWARD:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals. Students may share their answers in pairs, small groups, or as a large group.*

- **What did you think of today's activity, TOGETHER WE CAN?**
- **What steps in your ROUTINE helped everyone get across the hot lava?**
- **What steps in the ROUTINE were not very helpful?**
- **What elements of TOGETHER WE CAN apply to other areas of your life?**
- **What existing ROUTINES would you CHANGE based on today's activity?**
- **What would you CHANGE about the ROUTINE?**
- **Going forward, what will you do to make sure WE MATTER when you CHANGE YOUR ROUTINE?**

6) THANK STUDENTS FOR WORKING TOGETHER TO DEVELOP A ROUTINE TO SHOW WE MATTER AND TOGETHER WE CAN.

7) CHALLENGE STUDENTS TO SEEK OUT MORE OPPORTUNITIES TO CHANGE YOUR ROUTINE WHEN WORKING IN GROUPS SO WE MATTER.

8) CONTINUE TO EXPLORE HOW TO "CHANGE A ROUTINE" BY LEADING ONE MORE OF THE FOLLOWING EXTENSION IDEAS.



EXTENSION IDEAS:

DO ONE OR MORE OF THESE EXTENSION IDEAS TO BRING THE LESSON FROM 15 MINUTES TO 30 MINUTES OR MORE.

- 1) **Together We Can 2.0:** Play Together We Can again. However, this time reduce the number of stepping-stones. See what ROUTINES the team develops to get to the safety zone.
- 2) **Together We Can Upgrade:** Have students create their own version of Hot Lava.
- 3) **Change Together:** If you're open to it, have students identify a ROUTINE they think would benefit the group. Brainstorm together what steps to take to CHANGE YOUR ROUTINE. Implement the new ROUTINE.

“ YOU HAVE WITHIN THE STRENGTH THE PATIENCE, AND THE PATIENCE TO REACH THE STARS TO CHANGE THE WORLD.”

**- HARRIET TUBMAN,
AMERICAN ABOLITIONIST**