



WEEK 4



Blank paper or student-made YOU MATTER Journals; Pens or pencils.

Prep time: 5 mins.



Use this WEEKLY REFLECTION as a way to allow students to really connect the week's theme and to reflect on the activities they did and the things they learned throughout the week.

WEEKLY REFLECTION

1) SHARE:

- Now that CELEBRATE LOVE week is over, let's see how we did on our weekly goals.

2) RE-SHARE THE WEEKLY GOALS:

- DISCOVER how your ideas and expectations about LOVE are shaped by the media and how you can create healthier definitions of LOVE.
- ENGAGE with peers to perform songs that celebrate and foster LOVE.
- UNDERSTAND that telling someone what makes them unique is an invaluable way to make them feel valued and loved.

3) CONSIDER USING 1-3 OF THE FOLLOWING QUESTIONS TO LEAD A DISCUSSION IN PAIRS, SMALL GROUPS, AND/OR AS A LARGE GROUP, OR AS JOURNAL OR WRITING PROMPTS:

***NOTE:** *Choose questions appropriate to your students' ages, grades, ability levels, and classroom goals.*

- What did you like best about CELEBRATE LOVE week? Why?
- What strategies have you learned to make CELEBRATING LOVE part of your daily routine?
- How has your view of what it means to CELEBRATE LOVE changed?
- In what ways did you practice CELEBRATING LOVE this week?
- In what ways did you help others CELEBRATE LOVE this week?
- What are some ways you can continue to CELEBRATE LOVE and GET LOVING?
- What are some of the challenges you or others might face when trying to CELEBRATE LOVE or GET LOVING?
- How can you commit to CELEBRATING LOVE even when it may seem challenging?
- How can CELEBRATING LOVE and GETTING LOVING help you connect to how much YOU MATTER?

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- 4) THANK STUDENTS FOR CELEBRATING LOVE IN SO MANY WAYS THIS WEEK. REMIND THEM THAT CELEBRATING LOVE REQUIRES AN OPTIMISTIC PERSPECTIVE. BY CHOOSING TO FOCUS ON THE BEAUTY, LOVE AND JOY IN THE WORLD, THEY CAN CHANGE THE COURSE OF THEIR LIFE FOREVER.**
 - 5) ENCOURAGE STUDENTS TO FOSTER HEALTHY VERSIONS OF LOVE IN THEIR LIFE BY: REMAINING AWARE OF HOW THEIR PERSONAL HISTORY AND MEDIA CONSUMPTION SHAPE THEIR EXPECTATIONS ABOUT LOVE; PLANNING JOYFUL GROUP ACTIVITIES THAT FOSTER LOVE; AND TELLING PEOPLE WHAT MAKES THEM UNIQUE AND VALUABLE TO MAKE THEM FEEL APPRECIATED AND LOVED.**

**“ LOVE IS NOT ONLY SOMETHING YOU FEEL,
IT IS SOMETHING YOU DO. ”**

**- DAVID WILKERSON, AMERICAN EVANGELIST AND
FOUNDER OF ADDICTION RECOVERY PROGRAM, TEEN CHALLENGE (1931 - 2011)**